

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sandra Du Plessis

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2018 #5

held at Cowhouse Market.

TIME 02:30:09

PACE 10:00/km

OVERALL 15 of 15

3(

GENDER 7 of 7

50 - 59 2 of 2

12 August 2018, Sun

Date



BoutTime

Signature